

A man in a dark suit, light blue shirt, and patterned tie is smiling and pushing a shopping cart filled with groceries. He is holding a yellow sign that says "SWEET". The background shows supermarket shelves with various products, including boxes of "CO's" and "BR".

**YOU ARE
BOTH DALE
WINTON &
THIS**

Supermarket

MUST BE


SWEET

**A Regifiable Performance
Originally Created By Julia Fisher**

A collage of faces and a grid background. The background is a light blue grid. There are several faces: a man with a beard in the top left, a woman's face in the top right, and a man's face in the bottom left. A large yellow circle is in the center. There are also some geometric shapes like a white triangle and a black bar.

Have you watched Dale's Supermarket Sweep? It was on ITV for exactly eight years. To the day. Wild! Anyway, this is kind of like that show. Because it takes place in a supermarket & you have to solve clues & there is a goal. Otherwise it's nothing like Dale's Supermarket Sweep. It's an entirely legally distinct parody.

This is just a bit of fun really. You can think of it as a performance, or as a game. It's kind of neither & both.



This performance requires 2 people & takes place in 2 places; a home & a supermarket. It can be any home & any supermarket, however it should be in a home you're allowed to be in, please don't break into someone's house for this, it's not worth it.

The performance begins in the home you have selected. The first & most important task is find & watch an episode of the original Supermarket Sweep together. Absorb it. Become it. Know it. The method by which you obtain the episode is ultimately up to you & if you have to go with the new one with Rylan from X factor that will do, I guess.

Once you have both become one with Dale you can begin to select a recipe. This recipe can be anything, however the more complex it is the longer the task will take, so bear that in mind. You can outline a shape for each other's dishes, E.G. one may choose a recipe for a main course and the other chooses a dessert, you could set a price range, or you could choose completely at random.

For each ingredient in your recipe you must write a riddle to describe it. They don't have to be impossible, you can just steal the clues from episodes of the show. I won't tell anyone.

Once your lists are done you can exchange them & head to the supermarket. When you arrive at the supermarket you can

begin your sweep, trying to solve the clues provided by your partner and purchasing the relevant ingredients.

There are a few rules for this:

- 1. Don't be stupid, you are in public. Be polite & aware of others, especially to the people working.**





2. You can sweep together or separately, but you can't tell your partner if they are answering your clues correctly.

3. You have to help anyone you see needing help, regardless of if you know them.

4. If you change your mind about a product, you must go back to where you got it from to put it back. (that's just good manners tbh)

5. Optional rule. Set a time limit for you to complete your sweep in. ~10 minutes, maybe longer for a bigger recipe/larger shop.

Once you've completed your sweeps, you can return home. At home comes the final challenge; you must make a meal from the food you collected without reading the assigned recipe. You can try to find a recipe that you think matches what you bought, or you can just make something up. Either way, make something for dinner.

Once you have both finished your enigmatic shopping lists, you can then share a meal with the person you went through this all with. You could talk about what dish you thought you were meant to make, or maybe just watch TV. I'm sure something good is on.



I hope you enjoyed this. I enjoyed making it. You can use this document in whatever way you'd like. You could just read it & never do it, or you could do it every week for your weekly shop. If there are bits you don't like, cut them or change them. I'll literally never know, & I definitely do not mind.

One of the most important things about this performance is that it's not mine, it's ours. Anyone can use it any way that they like. This is part of a project of what I've called regiftable performances. Performances which have been purposefully designed to not be owned by anyone so that people can reperform them & remake them wherever, whenever, & whoever they are. If you are interested in this work, you can find more on my website juliafisher.uk
Thanks, Julia xx

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This was not produced in any association with ITV, Dale Winton, Or anyone involved with Dale's Supermarket Sweep. It is intended as a parody & not an official part of the show.